

PARC ADT Weekly Virtual Arts Classes

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| <p style="text-align: center;">Morning Pop Up Party 9:50- 10:30 am</p> <p>Join us for a fun morning class with trivia, jokes, and short videos.</p> | <p style="text-align: center;">Morning Pop Up Party 9:50- 10:30 am</p> <p>Join us for a fun morning class with trivia, jokes, and short videos.</p> | <p style="text-align: center;">Morning Pop Up Party 9:50- 10:30 am</p> <p>Join us for a fun morning class with trivia, jokes, and short videos.</p> | <p style="text-align: center;">Morning Pop Up Party 9:50- 10:30 am</p> <p>Join us for a fun morning class with trivia, jokes, and short videos.</p> | <p style="text-align: center;">Morning Pop Up Party 9:50- 10:30 am</p> <p>Join us for a fun morning class with trivia, jokes, and short videos.</p> |
| <p style="text-align: center;">Simple Signs 11:50 – 12:30pm</p> <p>Log in and learn some simple hand signing skills used for inspired choir and the art of sign language.</p> | <p style="text-align: center;">Inspired Artists Art Class 11:50- 12:30 pm</p> <p>Log in for our afternoon art class, all you need is paper and your preferred writing utensil.</p> | <p style="text-align: center;">Inspired Artists Music Trivia Class 11:50- 12:30 pm</p> <p>Listen in for our music trivia class, coinciding with our theme of the week.</p> | <p style="text-align: center;">Inspired Artists Move & Groove Trivia Class 11:50- 12:30 pm</p> <p>Move and groove with us for our afternoon dance trivia class.</p> | <p style="text-align: center;">Explore & More 11:50- 12:30 pm</p> <p>Take a virtual trip and explore other countries to learn about music, art, life and more all around the world.</p> |
| <p style="text-align: center;">Afternoon Art 1:00- 1:40 pm</p> <p>Join the afternoon art class for some relaxing afternoon art to begin the week.</p> | <p style="text-align: center;">Master Arts Class 1:00- 1:40 pm</p> <p>Log in and learn about some beautiful art forms and the masters that create them.</p> | <p style="text-align: center;">Inspired Choir Sing Along 1:00- 1:40 pm</p> <p>Have fun participating in our beloved inspired choir class. We will sing and sign all of our inspired choir classics.</p> | <p style="text-align: center;">Ready, Set, Go! 1:00- 1:40 pm</p> <p>Join us for a fun improv class with interactive games, skits and fun videos.</p> | <p style="text-align: center;">Go with The Flow 1:00 – 1:40pm</p> <p>Join us for a relaxing, stretching, and movement class to end the week with an easy flow.</p> |
| | <p style="text-align: center;">Health & Wellness 2:00-3:00 pm</p> <p>Join our friends at Special Olympics for a four-week curriculum of health and wellness living for all!</p> | | <p style="text-align: center;">Health & Wellness 2:00-3:00 pm</p> <p>Join our friends at Special Olympics for a four-week curriculum of health and wellness living for all!</p> | |

** If you wish to participate in the zoom classes please send your email address to Mattie Mingst (mmingst@parc-fl.org), or to Brian Rothey (brothey@parc-fl.org).*

