

PARC ADT Weekly Virtual Arts Classes

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Morning Pop Up Party 9:50- 10:30 am</p> <p>Join us for a fun morning class with trivia, jokes, and short videos.</p>	<p>Morning Pop Up Party 9:50- 10:30 am</p> <p>Join us for a fun morning class with trivia, jokes, and short videos.</p>	<p>Morning Pop Up Party 9:50- 10:30 am</p> <p>Join us for a fun morning class with trivia, jokes, and short videos.</p>	<p>Morning Pop Up Party 9:50- 10:30 am</p> <p>Join us for a fun morning class with trivia, jokes, and short videos.</p>	<p>Morning Pop Up Party 9:50- 10:30 am</p> <p>Join us for a fun morning class with trivia, jokes, and short videos.</p>
<p>American Stage 11:50 – 12:30pm</p> <p>Join us for a fun improv theater class with interactive games, exercises, skits and shows.</p>	<p>Inspired Artists Art Class 11:50- 12:30 pm</p> <p>Log in for our afternoon art class, all you need is paper and your preferred writing utensil.</p>	<p>Explore & More 11:50- 12:30 pm</p> <p>Take a virtual trip and explore other countries to learn about music, art, life and more all around the world.</p>	<p>Inspired Artists Art Class 11:50- 12:30 pm</p> <p>Log in for our afternoon art class, all you need is paper and your preferred writing utensil.</p>	<p>Ready, Set, Go! 11:50- 12:30 pm</p> <p>Join us for trivia, guessing w interactive games, and fun videos.</p>
<p>American Stage 1:00- 1:40 pm</p> <p>Join us for a fun improv theater class with interactive games, exercises, skits and shows.</p>	<p>Master Arts Class 1:00- 1:40 pm</p> <p>Log in and learn about some beautiful art forms and the masters that create them.</p>	<p>Inspired Choir Sing Along 1:00- 1:40 pm</p> <p>Have fun participating in our beloved inspired choir class. We will sing and sign our inspired choir classics.</p>	<p>Afternoon Art 1:00- 1:40 pm</p> <p>Log in for our afternoon art class, all you need is paper and your preferred writing utensil</p>	<p>Go with The Flow 1:00 – 1:40pm</p> <p>Join us for a relaxing, stretching, and movement class to end the week with an easy flow.</p>
<p>Nutrition 101 2:00-3:00 pm</p> <p>Join our friends at Special Olympics for an eight-week curriculum of health and nutrition for all!</p>	<p>Health & Wellness 2:00-3:00 pm</p> <p>Join our friends at Special Olympics for an eight-week curriculum of health and wellness living for all!</p>	<p>Nutrition 101 2:00-3:00 pm</p> <p>Join our friends at Special Olympics for an eight-week curriculum of health and nutrition for all!</p>	<p>Health & Wellness 2:00-3:00 pm</p> <p>Join our friends at Special Olympics for an eight-week curriculum of health and wellness living for all!</p>	

* If you wish to participate in the zoom classes please send your email address to Mattie Mingst (mmingst@parc-fl.org), or to Brian Rothey (brothey@parc-fl.org).

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